

SEE WHAT'S INSIDE

OVA-m INGREDIENTS

The Modere Transparency Trust™ is our commitment to share meaningful information about our products. Going well beyond minimum industry requirements, our detailed transparency charts list our ingredients in plain English, how they're sourced and the benefits they provide so you can make informed decisions about the products you invite into your home.

MENOPAUSAL HEALTH

Angelica gigas nakai root extract

Reduce mild hot flashes, night sweats and vaginal dryness. Support libido and sleep health.
Made from Angelica gigas Nakai.

Hypromellose

Capsule. Made from plant sources.

Cynanchum wilfordii hemsley root extract

Reduce mild hot flashes, night sweats and vaginal dryness. Support libido and sleep health.
Made from Cynanchum wilfordii Hemsley.

Phlomis umbrosa turcz. root extract

Reduce mild hot flashes, night sweats and vaginal dryness. Support libido and sleep health.
Made from Phlomis umbrosa Turcz.

Olive extract

Support antioxidant capacity and cardiovascular health. Made from olive (*Olea europaea*).

Sage aerial parts extract

Support cognitive health and help reduce mild hot flashes. Made from sage (*Salvia officinalis*).

Magnesium stearate

Flow agent. Made from natural sources.

Silicon dioxide

Flow agent. Made from natural sources.



DIRECTIONS

Take two capsules once daily with food

Supplement Facts	
Serving Size 2 Capsules Servings Per Container 30	
Amount Per Serving	
Estro-OS™ Complex Proprietary Blend	960 mg*
Sage Aerial Parts Extract, Angelica gigas Nakai Root Extract, Cynanchum wilfordii Root Extract, Phlomis umbrosa Root Extract, Olive Fruit Extract	
* Daily Value not established.	

Other ingredients: Hypromellose (capsule), magnesium stearate, silicon dioxide.

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Each woman's cycle is different, and results may vary. For menstrual and menopausal symptoms outside the normal range, medical conditions, or when taking medication, consult your health care provider prior to use. Not for use if you are nursing or pregnant.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

MōDERE.