



Northeast Ohio Institute of Functional Medicine

Your Center for Hope and Healing

Personal Information

Name	Date of Birth
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Address	City	State
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Zip	<input type="checkbox"/> Single	<input type="checkbox"/> Married	<input type="checkbox"/> Divorced	<input type="checkbox"/> Widowed	<input type="checkbox"/> Partnered
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Birth Date	Age	Height	Weight
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Sex	Place of Birth
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Home Phone	Work	<input type="checkbox"/> Female
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Cell	Email	<input type="checkbox"/> Male
------	-------	-------------------------------

Employer	Occupation
----------	------------

Social Security	Referred By
-----------------	-------------

Preferred Pharmacy & Phone #

Emergency Contact

Please check appropriate box(es)

<input type="checkbox"/> African American	<input type="checkbox"/> Native American	<input type="checkbox"/> Mediterranean
<input type="checkbox"/> Hispanic	<input type="checkbox"/> Caucasian	<input type="checkbox"/> Northern Europe
<input type="checkbox"/> Asian	<input type="checkbox"/> Other	

Insurance Information

Primary Insurance

Insurance Address

Policy #

Group #

Policy Holder's Name

Relationship

Policy Holder's Birthdate

Insured Social Security #

Policy Holder's Employer

Insured Address (if different)

Financial Information

Credit Card Number

Expiration Date

Name on Card

I understand that I am financially responsible for all charges for services provided to me, including the balance remaining after payment of possible insurance benefits.

Please Sign & Date

Release of Information

I authorize the release of any medical information necessary to process future claims.

Please Sign & Date

Patient Consent Form

New federal requirements regarding the privacy of information for health care patients went into effect April 2003. The Health Insurance Portability and Accountability Act H.I.P.A.A. requires that all medical providers, insurance companies, and others put into place controls to ensure that your personal medical information remains confidential. We are requesting that you sign this form to allow us to share protected health information with other physician's offices, your hospital and insurance company.

By signing this form, you consent to our use and disclosure of protected health information about you, for treatment, payment and health care operations. You have the right to revoke this consent, in writing, except where we have already made disclosures in reliance on your prior consent. Our Notice of Privacy Practices provide information about how we may use and disclose protected health information about you. You have the right to review our notice before signing this consent.

Please Sign and Date

Patient Full Name

Date of Birth

Authorization to Release Information to Family Members

Many of our patients allow immediate family members, such as a spouse, parent or others to call our office and request the results of tests, procedures, and medical information. Under the requirements of H.I.P.A.A., we are not allowed to give this information to anyone without your consent. If you wish to have your information released to family members, you must fill out the information below. Signing this form will give consent to release information to family members indicated. You have the right to revoke this consent, in writing, except where we have already made disclosures in reliance on your prior consent.

I authorize the Northeast Ohio Institute of Functional Medicine to release to the following the individuals. (Please initial)

_____ All Medical Information (No Demographics) _____ All Medical Information & Demographics
_____ Lab Results _____ Test Results Only

1.	Relationship to Patient
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2.	Relationship to Patient
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Please Sign and Date

Authorization to Leave Messages with Household Members/Answering Machine

It's sometimes necessary for our staff to leave telephone messages for our patients. The purpose of these messages is to remind patients that they have an appointment, to notify the patient that the medical staff would like to discuss lab or procedure results, or to ask the patient to call the Northeast Ohio Institute of Functional Medicine regarding an issue of concern. At no time will a representative of the Northeast Ohio Institute of Functional Medicine discuss your medical circumstance or condition, without your consent. This authorization will permit us to leave messages with members of your household in voicemail, or on your answering machine. You have the right to revoke this consent, in writing, except where we have already made disclosures in reliance to your prior consent. Please check the appropriate locations for which we have your permission to leave messages.

Home Work Cell Email

Patient Name

Please Sign and Date

Northeast Ohio Institute of Functional Medicine
Dorothy S. Sprecher, M.D.

Adult Medical Questionnaire

Thank you for your interest in The Northeast Ohio Institute of Functional Medicine, Your Center for Hope and Healing. As a new patient, our ability to draw effective conclusions about your present state of health and how to improve it depends, to a significant extent, on your ability to respond thoughtfully and accurately to both these written questions and those posed by the clinician during your consultations. Health issues are usually influenced by many factors. Accurately assessing all the factors and comprehensively managing them is the best way to deal with these health challenges.

Your careful consideration of each of the following questions will enhance our efficiency and will provide for more effective use of your scheduled consultation time. These questions help to identify underlying causes of illness and will also assist us to formulate a treatment plan. We appreciate your time and attentions and look forward to helping you achieve a healthier you!

Chief Complaint / Reason for Visit

Please list current and ongoing problems and provide other information as completely as possible

Describe Problem

Example: sinusitis

Mild/Moderate/Severe?

Treatment Approach & Results

Example: herbs, acupuncture

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

With whom do you live with? Include children, parents, relatives and /or friends. Please include ages. Example: Wendy, Age 7, sister.

Do you have pets or farm animals?

Yes

No

If yes, where do they live?

Indoors

Outdoors

Boarding

Adult Medical Questionnaire

Have you lived or traveled outside the United States? Yes No

If so, when and where?

As you look back over your life, list any events and experiences that have been of significance or caused major change in your life. Examples: death of a close friend or relative, loss of a job.

How important is religion or spirituality for you and your family's life?

Not at all important 0 1 2 3 4 5 6 7 8 9 10 Extremely important

How much time have you lost from work or school in the past year?

0 - 2 days 3 - 14 days >15 days

Occupational history including Volunteer work:

Past Medical and Surgical History:

Illness/Conditions	When	Comments/Treatment
Anemia		
Arthritis, stiff joints, fibromyalgia, bursitis, tendonitis, gout, joint pain		
Asthma, wheezing, bronchitis, emphysema, short of breath, pneumonia, lung cancer		

Adult Medical Questionnaire

Past Medical and Surgical History Continued:

Illness/Conditions	When	Comments/Treatment
Atrial Fibrillation, heart disease, MI, heart surgery, murmur, palpitations, MVP, chest pain, angina, rheumatic fever, heart failure, pacemaker	_____	_____
High cholesterol, high blood pressure/hypertension, stroke	_____	_____
Diabetes, hypoglycemia, metabolic syndrome	_____	_____
HIV/AIDS	_____	_____
Cancer, Leukemia, Hodgkin's, Non-Hodgkin's Lymphoma	_____	_____
Chronic Fatigue Syndrome, Mononucleosis	_____	_____
Crohn's Disease, ulcerative colitis, Gallstone, gallbladder, hepatitis, IBS, kidney stones	_____	_____
Epilepsy, convulsions, seizures, dementia	_____	_____
Allergies, food intolerances, drug allergies, seasonal, hay fever, sinus, post nasal drip	_____	_____
Thyroid disease	_____	_____
Adrenal disease, Cushing's, Addison's	_____	_____
Skin cancer, hives, acne, psoriasis, eczema	_____	_____
Sleep apnea, insomnia	_____	_____
Breast cancer, fibrocystic breasts	_____	_____
Prostate disease	_____	_____
Other:	_____	_____

Adult Medical Questionnaire

Injuries	When	Comments/Treatment
Back injury	_____	_____
Broken bones - describe	_____	_____
Head injury	_____	_____
Neck injury	_____	_____
Other injuries - describe	_____	_____

Diagnostic Studies	When	Comments/Treatment
Barium enema	_____	_____
Bone scan	_____	_____
CT scan of abdomen	_____	_____
CT scan of brain	_____	_____
CT scan of spine	_____	_____
Chest X-Ray	_____	_____
EKG	_____	_____
Stress test/Echocardiogram	_____	_____
Holter monitor	_____	_____
Heart catheterization	_____	_____
Liver scan	_____	_____
Neck X-Ray	_____	_____
NMR/MRI	_____	_____

Adult Medical Questionnaire

Past Medical and Surgical History Continued:

Diagnostic Studies	When	Comments/Treatment
Colonoscopy	_____	_____
Sigmoidoscopy	_____	_____
Upper GI series	_____	_____
Pulmonary function study	_____	_____
Other diagnostics studies	_____	_____
Surgeries	When	Comments/Treatment
Appendectomy	_____	_____
Dental Surgery	_____	_____
Removal of Mercury, fillings	_____	_____
Gallbladder	_____	_____
Colostomy	_____	_____
Hernia	_____	_____
Hysterectomy	_____	_____
Tonsillectomy	_____	_____
Cosmetic/plastic surgery	_____	_____
Reconstructive surgery	_____	_____
Breast implants	_____	_____
Other prosthesis	_____	_____

Hospitalizaion and Medication

Hospitalizations: Where

When

For What Reason?

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

How often have you taken antibiotics?

Infancy/childhood Teenage Adulthood

Name of last antibiotic and reason:

Date(s) last taken:

How often have you taken oral steroids?

Never Occasionally Chronic

List any prescription medications you are currently taking:

Medication Name

Date Started

Dosage

For What Reason?

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Medications and Allergy

Are you allergic to any medications? Yes No

If yes, please list:

List all current vitamins, minerals, supplements and over the counter products:

Product Name	Date Started	Dosage	For What Reason?
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Describe your childhood health experiences:

Frequent doctor visits Yes No

Sore throat, allergies, stomachaches Yes No

Missed a lot of school Yes No

Shy, withdrawn, isolated Yes No

Does strong odors affect you? Such as spray perfume? Yes No

If yes, how?

Adult Medical Questionnaire

Place a checkmark next to the food/drink that applies to your current diet:

Breakfast	Lunch	Dinner
<input type="checkbox"/> none	<input type="checkbox"/> none	<input type="checkbox"/> none
<input type="checkbox"/> bacon/sausage	<input type="checkbox"/> salad hot/cold	<input type="checkbox"/> legumes
<input type="checkbox"/> bagel/toast	<input type="checkbox"/> sandwich	<input type="checkbox"/> meat
<input type="checkbox"/> butter	<input type="checkbox"/> leftovers	<input type="checkbox"/> fish
<input type="checkbox"/> cereal hot/cold	<input type="checkbox"/> restaurant meal	<input type="checkbox"/> poultry
<input type="checkbox"/> coffee	<input type="checkbox"/> meat	<input type="checkbox"/> restaurant meal
<input type="checkbox"/> protein shake/bar	<input type="checkbox"/> poultry	<input type="checkbox"/> rice or pasta
<input type="checkbox"/> donut/pastry	<input type="checkbox"/> fish	<input type="checkbox"/> potatoes
<input type="checkbox"/> eggs	<input type="checkbox"/> soup	<input type="checkbox"/> nuts/seeds
<input type="checkbox"/> muffin	<input type="checkbox"/> veggies raw/cooked	<input type="checkbox"/> veggies raw/cooked
<input type="checkbox"/> oat bran/meal	<input type="checkbox"/> fruit	<input type="checkbox"/> fruit
<input type="checkbox"/> added sugar	<input type="checkbox"/> cottage cheese	<input type="checkbox"/> cottage cheese
<input type="checkbox"/> juice	<input type="checkbox"/> yogurt	<input type="checkbox"/> yogurt
<input type="checkbox"/> artificial sweetener	<input type="checkbox"/> nuts/seeds	<input type="checkbox"/> coffee
<input type="checkbox"/> tea	<input type="checkbox"/> soda/pop	<input type="checkbox"/> soda/pop
<input type="checkbox"/> water	<input type="checkbox"/> wine/beer/cocktail	<input type="checkbox"/> wine/beer/cocktail
<input type="checkbox"/> yogurt	<input type="checkbox"/> added sweetener	<input type="checkbox"/> added sweetener
<input type="checkbox"/> smoothie	<input type="checkbox"/> protein shake	<input type="checkbox"/> protein shake

Adult Medical Questionnaire

Food Reactions:

Food Example: milk	Reaction Example: gas, diarrhea
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

How many times per week do you skip meals? _____

If so, which meals? _____

Do you feel better when you do not eat? Yes No

Please fill in the chart below regarding your bowel movements:

Frequency

- Multiple times in a day
- Once daily
- Every other day
- Only a few times per week

Additional Support

- I use fiber supplements regularly
- I use Laxatives
- I get colonics/colon hydrotherapy
- Other supplements: Vitamin C, Magnesium, tea, etc

Toxin Exposure/Detoxification

- Do you drink alcohol?** Yes No
- What type?** Beer Wine Cocktails Liquor
- How often?** Daily Weekends Infrequently Never
- Have you ever had health consequences or addiction to alcohol?** Yes No

If yes, indicate when and what happened:

Have you ever used recreational drugs? Yes No

Have you ever used tobacco? Yes No

If yes, indicate how long you've been smoking or the year you quit:

Do you have mercury amalgam (silver) fillings? Yes No

Do you have artificial joints or implants? Yes No

If yes, please explain:

Example: hip replacement, breast implants, teeth

Do you feel worse at certain times of the year? Yes No

If yes, please specify:

Spring Summer Autumn Winter

Have you, to your knowledge, been exposed to metal or chemicals at your job or in your home?

Yes No

If yes, which ones?

Lead Cadmium Arsenic Mercury Aluminum Other: _____

Psychosocial History

Hobbies and Leisure Activities

Do you exercise regularly? Yes No

How many times per week? 1x 2x 3x 4x or more

How long is each session? Less than 15 minutes 20-30 minutes 45 minutes or more

What type of exercise do you do?

- | | | |
|--|---------------------------------------|----------------------------------|
| <input type="checkbox"/> Jogging | <input type="checkbox"/> Cardio | <input type="checkbox"/> Pilates |
| <input type="checkbox"/> Walking | <input type="checkbox"/> Calisthenics | <input type="checkbox"/> Yoga |
| <input type="checkbox"/> Weight Training | <input type="checkbox"/> Running | <input type="checkbox"/> Other |

What is the attitude of those close to you about your illness/health circumstances?

Supportive Non Supportive

Have you ever had psychotherapy or counseling? Yes No

Currently? Yes No

If yes, please explain what kind and list treatment dates:

Are you currently or have ever been married? Yes No Date of Marriage: _____

Spouse's Occupation: _____

When were you widowed? _____ N/A

When were you separated? _____ N/A

When were you divorced? _____ N/A

When were you remarried? _____ N/A

Remarried Spouse's Occupation: _____

	Father	Mother	Brother/Sister	Child	Maternal Grandmother	Maternal Grandfather	Paternal Grandmother	Paternal Grandfather
Name								
Good Health								
Poor Health								
Deceased								
Write in Age or Mark Cause of Death:								
Alcoholism								
Allergies & Asthma								
Alzheimer's or Dementia								
Anemia								
Blood Clotting Issues								
Diabetes								
Cancer/Tumor								
Epilepsy/Seizures								
Genetic Disease								
Heart Disease								
High Blood Pressure								
Kidney/Bladder								

Family History, for each family member, check the appropriate box that applies to their past and present health conditions. Fill out the chart on the next two pages.

	Father	Mother	Brother/Sister	Child	Maternal Grandmother	Maternal Grandfather	Paternal Grandmother	Paternal Grandfather
Anxiety/Depression								
Rheumatism or Arthritis								
Stomach/Bowel								
High Cholesterol								
Thyroid								
Health Patterns in extended family								
Other significant illness:								

Any other family history we should know about?

Symptoms

Please mark if you experience these symptoms Now (N) or if you previously had them in the past 6 months (P). Please rate the following N for now or P for past 6 months.

Head, Eyes & Ears	Mild	Moderate	Severe	Musculoskeletal	Mild	Moderate	Severe
distorted smell	_____	_____	_____	calf cramps	_____	_____	_____
ear fullness	_____	_____	_____	foot cramps	_____	_____	_____
ear pain	_____	_____	_____	joint pain	_____	_____	_____
ear crusting	_____	_____	_____	joint stiffness	_____	_____	_____
headache	_____	_____	_____	muscle twitches	_____	_____	_____
hearing problems	_____	_____	_____	eye twitches	_____	_____	_____
migraine	_____	_____	_____	arms or legs twitch	_____	_____	_____
vision problems	_____	_____	_____	muscle weakness	_____	_____	_____
conjunctivitis	_____	_____	_____	tendonitis	_____	_____	_____
distorted taste	_____	_____	_____	TMJ issues	_____	_____	_____
ear noises	_____	_____	_____	back muscle spasm	_____	_____	_____
ears ringing/buzzing	_____	_____	_____	chest tightness	_____	_____	_____
eye pain	_____	_____	_____	joint deformity	_____	_____	_____
hearing loss	_____	_____	_____	joint redness	_____	_____	_____
lid margin redness	_____	_____	_____	muscle pain	_____	_____	_____
sensitivity to noises	_____	_____	_____	muscle spasms	_____	_____	_____
				muscle stiffness	_____	_____	_____
				neck muscle spasms	_____	_____	_____
				tension headache	_____	_____	_____

Symptoms

Please mark if you experience these symptoms Now (N) or if you previously had them in the past 6 months (P). Please rate the following *N* for now or *P* for past 6 months.

Mood/Nerves	Mild	Moderate	Severe	Eating	Mild	Moderate	Severe
agoraphobia	_____	_____	_____	binge eating	_____	_____	_____
audio hallucinations	_____	_____	_____	can't gain weight	_____	_____	_____
depression	_____	_____	_____	carbohydrate craving	_____	_____	_____
difficulty w/ balance	_____	_____	_____	poor appetite	_____	_____	_____
difficulty w/ judgement	_____	_____	_____	bulimia	_____	_____	_____
difficulty w/ memory	_____	_____	_____	can't lose weight	_____	_____	_____
fainting	_____	_____	_____	carbohydrate intolerance	_____	_____	_____
irritability	_____	_____	_____	salt craving	_____	_____	_____
numbness	_____	_____	_____	disordered eating	_____	_____	_____
panic attacks	_____	_____	_____				
seizures	_____	_____	_____				
tingling	_____	_____	_____				
visual hallucinations	_____	_____	_____				

Symptoms

Please mark if you experience these symptoms Now (N) or if you previously had them in the past 6 months (P). Please rate the following N for now or P for past 6 months.

Digestion	Mild	Moderate	Severe	Digestion	Mild	Moderate	Severe
anal spasms	_____	_____	_____	blood in stools	_____	_____	_____
bleeding gums	_____	_____	_____	canker sores	_____	_____	_____
bloating of abdomen	_____	_____	_____	constipation	_____	_____	_____
burping	_____	_____	_____	dentures-poor chewing	_____	_____	_____
cold sores	_____	_____	_____	difficulty swallowing	_____	_____	_____
lip corner cracking	_____	_____	_____	excessive gas	_____	_____	_____
diarrhea	_____	_____	_____	reflux	_____	_____	_____
dry mouth	_____	_____	_____	hemorrhoids	_____	_____	_____
fissures	_____	_____	_____	intolerance to dairy	_____	_____	_____
heart burn	_____	_____	_____	intolerance to corn	_____	_____	_____
intolerance to lactose	_____	_____	_____	intolerance to fatty foods	_____	_____	_____
intolerance to gluten	_____	_____	_____	liver disease/jaundice	_____	_____	_____
intolerance to yeast	_____	_____	_____	mucus in stools	_____	_____	_____
lower abdominal pain	_____	_____	_____	periodontal disease	_____	_____	_____
nausea	_____	_____	_____	strong stool odor	_____	_____	_____
sore tongue	_____	_____	_____	upper abdominal pain	_____	_____	_____
undigested food stool	_____	_____	_____	fissures	_____	_____	_____
vomiting	_____	_____	_____	heart burn	_____	_____	_____
bad teeth	_____	_____	_____	intolerance to lactose	_____	_____	_____
bloating-lower abdomen	_____	_____	_____	intolerance to gluten	_____	_____	_____

Symptoms

Please mark if you experience these symptoms Now (N) or if you previously had them in the past 6 months (P). Please rate the following *N* for now or *P* for past 6 months.

Skin Problems	Mild	Moderate	Severe	Skin Problems	Mild	Moderate	Severe
acne on back	_____	_____	_____	herpes - genital	_____	_____	_____
acne on face	_____	_____	_____	jock itch	_____	_____	_____
athlete's foot	_____	_____	_____	moles w/ changes	_____	_____	_____
cellulite	_____	_____	_____	pale skin	_____	_____	_____
ears get red	_____	_____	_____	psoriasis	_____	_____	_____
eczema	_____	_____	_____	red face	_____	_____	_____
hives	_____	_____	_____	sensitive to poison ivy	_____	_____	_____
lackluster skin	_____	_____	_____	skin cancer	_____	_____	_____
oily skin	_____	_____	_____	strong body odor	_____	_____	_____
patchy dullness	_____	_____	_____	Skin Itching	Mild	Moderate	Severe
rash	_____	_____	_____	anus	_____	_____	_____
sensitive to vbites	_____	_____	_____	ear canals	_____	_____	_____
shingles	_____	_____	_____	feet	_____	_____	_____
skin darkening	_____	_____	_____	legs	_____	_____	_____
thick calluses	_____	_____	_____	nose	_____	_____	_____
acne on chest	_____	_____	_____	roof of mouth	_____	_____	_____
acne on shoulders	_____	_____	_____	skin in general	_____	_____	_____
bumps on upper arm	_____	_____	_____	arms	_____	_____	_____
dark circles around eyes	_____	_____	_____	eyes	_____	_____	_____
easy bruising	_____	_____	_____	hands	_____	_____	_____
vitiligo	_____	_____	_____	nipples	_____	_____	_____

Symptoms

Please mark if you experience these symptoms Now (N) or if you previously had them in the past 6 months (P). Please rate the following **N for now or **P** for past 6 months.**

	Mild	Moderate	Severe		Mild	Moderate	Severe
Skin Itching				Nails			
genitals	_____	_____	_____	bitten	_____	_____	_____
scalp	_____	_____	_____	curve up	_____	_____	_____
throat	_____	_____	_____	fungus-fingers	_____	_____	_____
Skin Dryness				pitting	_____	_____	_____
eyes	_____	_____	_____	ridges	_____	_____	_____
feet - cracking	_____	_____	_____	thickening nails	_____	_____	_____
feet	_____	_____	_____	white spots/lines	_____	_____	_____
feet - peeling	_____	_____	_____	brittle	_____	_____	_____
hair	_____	_____	_____	frayed	_____	_____	_____
hair unmanageable	_____	_____	_____	fungus-toes	_____	_____	_____
hands	_____	_____	_____	ragged cuticles	_____	_____	_____
hands - peeling	_____	_____	_____	soft nails	_____	_____	_____
hands - cracking	_____	_____	_____	thickening of toenails	_____	_____	_____
scalp	_____	_____	_____				
skin in general	_____	_____	_____				
mouth/throat	_____	_____	_____				
dandruff	_____	_____	_____				

Symptoms

Please mark if you experience these symptoms Now (N) or if you previously had them in the past 6 months (P). Please rate the following N for now or P for past 6 months.

Respiratory	Mild	Moderate	Severe	Cardiovascular	Mild	Moderate	Severe
bad breath	_____	_____	_____	angina/chest pain	_____	_____	_____
dry cough	_____	_____	_____	heart attack	_____	_____	_____
hay fever - spring	_____	_____	_____	high blood pressure	_____	_____	_____
hay fever - Fall	_____	_____	_____	mitral valve prolapse	_____	_____	_____
hay fever - Summer	_____	_____	_____	phlebitis	_____	_____	_____
hay fever - seasonal	_____	_____	_____	varicose veins	_____	_____	_____
hoarseness	_____	_____	_____	breathlessness	_____	_____	_____
nose bleeds	_____	_____	_____	heart murmur	_____	_____	_____
sinus fullness	_____	_____	_____	irregular pulse	_____	_____	_____
snoring	_____	_____	_____	palpitations	_____	_____	_____
wheezing	_____	_____	_____	swollen ankles/feet	_____	_____	_____
bad odor in nose	_____	_____	_____	Lymph Nodes	Mild	Moderate	Severe
productive cough	_____	_____	_____	Enlarged/tender neck	_____	_____	_____
nasal stuffiness	_____	_____	_____	Enlarged/tender nodes	_____	_____	_____
post nasal drip	_____	_____	_____				
sinus infection	_____	_____	_____				
sore throat	_____	_____	_____				
winter stuffiness	_____	_____	_____				

Symptoms

Please mark if you experience these symptoms Now (N) or if you previously had them in the past 6 months (P). Please rate the following N for now or P for past 6 months.

Male Reproductive	Mild	Moderate	Severe	Female Reproductive	Mild	Moderate	Severe
genital discharge	_____	_____	_____	breast cysts	_____	_____	_____
genital pain	_____	_____	_____	breast tenderness	_____	_____	_____
infection	_____	_____	_____	poor libido	_____	_____	_____
poor libido	_____	_____	_____	fibroids	_____	_____	_____
ejaculation issues	_____	_____	_____	genital discharge	_____	_____	_____
impotence	_____	_____	_____	genital itch	_____	_____	_____
lumps in testicles	_____	_____	_____	breast lumps	_____	_____	_____
Urinary	Mild	Moderate	Severe	ovarian cyst	_____	_____	_____
bed wetting	_____	_____	_____	endometriosis	_____	_____	_____
iUTI	_____	_____	_____	infertility	_____	_____	_____
kidney stones	_____	_____	_____	vaginal odor	_____	_____	_____
pain/burning	_____	_____	_____	vaginal pain	_____	_____	_____
prostate infection	_____	_____	_____				
hesitancy	_____	_____	_____				
kidney disease	_____	_____	_____				
leaking/incontinence	_____	_____	_____				
prostate enlargement	_____	_____	_____				
urgency	_____	_____	_____				

Symptoms

Premenstrual	Mild	Moderate	Severe	Menstrual	Mild	Moderate	Severe
bloating	_____	_____	_____	cramps	_____	_____	_____
carbohydrate cravings	_____	_____	_____	irregular periods	_____	_____	_____
constipation	_____	_____	_____	scanty periods	_____	_____	_____
diarrhea	_____	_____	_____	heavy period	_____	_____	_____
increased sleep	_____	_____	_____	no period	_____	_____	_____
breast tenderness	_____	_____	_____	spotting in between	_____	_____	_____
chocolate craving	_____	_____	_____				
decreased sleep	_____	_____	_____				
fatigue	_____	_____	_____				
irritability	_____	_____	_____				

Optional:

Have you had HIV testing? Yes No

Do you suspect that you are at risk for HIV/AIDS? Yes No

**Thank you for your time and attention to this questionnaire.
Please contact us if you have any questions prior to your first visit.
We look forward to working with you!**

**The Northeast Ohio Institute of Functional Medicine
Your Center for Hope and Healing**

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